

# AUGUST & SEPTEMBER

## Truman Elementary Menu

# ANNOUNCEMENTS



**Director of Child Nutrition:  
Dustin Seymour**

**Did you know?**  
All grains served in the café are whole grains! Whole grains are packed with fiber to keep you full & focused in the classroom!



**SFE** This institution is an equal opportunity provider.



## Monday Tuesday Wednesday Thursday Friday

<p>28</p> <p><b>No School</b></p>	<p>29</p> <p><b>Breakfast</b> Blueberry Muffin</p> <p><b>Lunch</b> Beefy Ravioli w/Roll &amp; Crackers Crispy Chicken Corn Dog Ham &amp; Cheese Wrap Peppered Broccoli</p>	<p>30</p> <p><b>Breakfast</b> Yogurt Parfait</p> <p><b>Lunch</b> Grilled Hamburger Crispy Orange Chicken w/Rice Chicken Alfredo Rotini Seasoned Peas &amp; Carrots</p>	<p>31</p> <p><b>Breakfast</b> Biscuits &amp; Gravy w/ Sausage</p> <p><b>Lunch</b> Cheesy Nachos Spaghetti &amp; Meatballs Fresh Italian Chicken Salad Seasoned Refried Beans</p>	<p>1</p> <p><b>No School</b></p>
<p>4</p> <p><b>No School</b></p> 	<p>5</p> <p><b>Breakfast</b> Egg &amp; Sausage Taco</p> <p><b>Lunch</b> Creamy Macaroni &amp; Cheese Mini Chicken Corn Dog Small Chicken Caesar Salad w/Crackers Peppered Broccoli</p>	<p>6</p> <p><b>Breakfast</b> Yogurt Parfait</p> <p><b>Lunch</b> Sweet &amp; Sour Crispy Chicken w/Rice Grilled Cheeseburger Whole Grain Ham Sub Crispy Tater Tots</p>	<p>7</p> <p><b>Breakfast</b> Morning Sausage Roll</p> <p><b>Lunch</b> Broccoli &amp; Cheese Baked Potato w/Biscuit Grilled Chicken Sandwich Garden Salad w/Roll Spiced Charro Beans</p>	<p>8</p> <p><b>Breakfast</b> Whole Wheat Bagel</p> <p><b>Lunch</b> Juicy Turkey Hot Dog Classic Pepperoni Pizza Ham Sandwich Spiced Green Beans</p>
<p>11</p> <p><b>Breakfast</b> Breakfast on a Stick</p> <p><b>Lunch</b> Chicken Pot Pie Gooney Grilled Cheese Sandwich Turkey Sub Peppered Corn</p>	<p>12</p> <p><b>Breakfast</b> Apple Cinnamon Muffin</p> <p><b>Lunch</b> Spaghetti w/ Meaty Italian Sauce Patty Melt Fresh Ham &amp; Cheese Salad Creamed Spinach</p>	<p>13</p> <p><b>Breakfast</b> Breakfast Burrito</p> <p><b>Lunch</b> Baked Chicken Nuggets Beef &amp; Bean Tostada w/Rice Sun Butter &amp; Jelly Sandwich w/ String Cheese Seasoned Potato Wedges</p>	<p>14</p> <p><b>Breakfast</b> Cinnamon Roll w/ Icing</p> <p><b>Lunch</b> Popcorn Chicken Snowbow w/Roll Cheesy Nachos Chunky Tuna Salad Wrap Spiced Green Beans</p>	<p>15</p> <p><b>Breakfast</b> Scrambled Eggs w/ Toast</p> <p><b>Lunch</b> Classic Sausage Pizza Teriyaki BBQ Beef Dipper Sliders Chef Salad w/Crackers Peppered Broccoli</p>
<p>18</p> <p><b>Breakfast</b> Belgian Waffle Stix</p> <p><b>Lunch</b> Mozzarella Cheese Quesadilla Chicken Tenders w/Roll Ham &amp; Cheese Sandwich California Blend Veggies</p>	<p>19</p> <p><b>Breakfast</b> Yogurt Parfait</p> <p><b>Lunch</b> Soft Beef Tacos Cheese Enchiladas Southwest Chicken Salad w/Crackers Seasoned Refried Beans</p>	<p>20</p> <p><b>Breakfast</b> Banana Muffin</p> <p><b>Lunch</b> Grilled Hamburger Classic Pepperoni Pizza Small Chef Salad w/Crackers Crispy Tater Tots</p>	<p>21</p> <p><b>Breakfast</b> Whole Wheat Bagel</p> <p><b>Lunch</b> Baked Veggie Rotini w/Roll Pepper Steak w/Green Peppers, Roll, &amp; Rice Chicken Salad Sandwich Seasoned Peas &amp; Carrots</p>	<p>22</p> <p><b>Breakfast</b> Egg &amp; Sausage Tacos</p> <p><b>Lunch</b> Classic Cheese Pizza Teriyaki Chicken w/Rice Turkey &amp; Cheese Wrap Peppered Corn</p>
<p>25</p> <p><b>Breakfast</b> WG Biscuits &amp; Gravy</p> <p><b>Lunch</b> Creamy Chicken Alfredo Bread Chicken Fingers w/Roll Turkey &amp; Cheese Sub Peppered Broccoli</p>	<p>26</p> <p><b>Breakfast</b> Chocolate Chip Muffin</p> <p><b>Lunch</b> Grilled Cheese Sandwich w/Tomato Soup Breaded Chicken Sandwich Chicken Caesar Salad Seasoned Potato Wedges</p>	<p>27</p> <p><b>Breakfast</b> Egg &amp; Cheese Tacos</p> <p><b>Lunch</b> Beefy Mac w/ Roll Bean &amp; Cheese Tostadas Sun Butter &amp; Jelly Sandwich w/String Cheese California Blend Vegetables</p>	<p>28</p> <p><b>Breakfast</b> Egg &amp; Cheese Bagel</p> <p><b>Lunch</b> Green Chili Chicken Enchiladas w/Salsa Cheesy Nachos Southwest Chicken Salad Seasoned Refried Beans</p>	<p>29</p> <p><b>Breakfast</b> Cinnamon Roll w/ Icing</p> <p><b>Lunch</b> Tangy BBQ Chicken Sandwich Hawaiian Pizza Turkey &amp; Cheese Wrap Italian Mixed Veggies</p>

Breakfast Meal Price: Paid \$1.90 / Reduced \$0.30    Lunch Meal Price: Paid \$2.60 / Reduced \$0.40    Adult Meal Price: \$4.00