

AUGUST & SEPTEMBER

High School Menu



Director of Child Nutrition:
Dustin Seymour



DAILY SELECTIONS

Ballpark: Hamburger, or Cheeseburger, Spicy Chicken Sandwich
Luigis: Pepperoni Pizza, Specialty Pasta
Gourmet Greens: Daily Salad
Red Dragon: Asian Daily Dish
Delicatessen: Sub Selections
Adobe Grill: Nachos, Tacos & Mexican Specialty Dish

DAILY SELECTIONS

Fresh Fruit and
Vegetable Bar
Assorted Low Fat Milk

 This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

28

No School

29

Breakfast

WG Blueberry Muffin

Lunch

Beefy Ravioli w/Roll & Crackers
Crispy Chicken Corn Dog
Ham & Cheese Wrap
Mozzarella & Cheddar Pizza
Peppered Broccoli

30

Breakfast

Yogurt Parfait

Lunch

Crispy Orange Chicken w/Rice
Chicken Alfredo Rotini
Grilled Cheese Sandwich
Smokin' BBQ Chicken Pizza
Seasoned Peas & Carrots

31

Breakfast

Biscuits & Gravy w/ Sausage

Lunch

Tuna & Veggie Noodles
Spaghetti & Meatballs
Fresh Italian Chicken Salad
Fresh Veggie Pizza
California Blend Veggies

1

No School

4

No School



5

Breakfast

Egg & Sausage Taco

Lunch

Creamy Macaroni & Cheese
Mini Chicken Corn Dog
Stir Fry Veggie Beef LoMein
Hawaiian Pizza
Peppered Broccoli

6

Breakfast

Yogurt Parfait

Lunch

Sweet & Sour Crispy Chicken w/Rice
Beef Stew w/Cornbread
Chicken Tetrazzini
Cheese Pizza
Seasoned Potato Wedges

7

Breakfast

Morning Sausage Roll

Lunch

Broccoli & Cheese Baked Potato w/Biscuit
Traditional Chicken Chow Mein
Spaghetti & Meatballs
Loaded Meatlovers Pizza
Spiced Charro Beans

8

Breakfast

Whole Wheat Bagel

Lunch

Juicy Turkey Hot Dog
Baked Veggie Rotini
Large Chicken Cobb Salad
Spicy Chicken Pizza
Spiced Green Beans

11

Breakfast

Breakfast on a Stick

Lunch

Chicken Pot Pie
Chicken Thai Noodles
Favorite Chicken Parmesan
Mozzarella & Cheddar Pizza
Peppered Corn

12

Breakfast

Apple Cinnamon Muffin

Lunch

Spaghetti w/ Meaty Italian Sauce
Patty Melt
Kung Pao Beef w/ Rice
Smokin' BBQ Chicken Pizza
Creamed Spinach

13

Breakfast

Breakfast Burrito

Lunch

Baked Chicken Nuggets
Beef & Bean Tostada w/Rice
Chicken Scampi w/Breadstick
Fresh Veggie Pizza
Seasoned Potato Wedges

14

Breakfast

Cinnamon Roll w/ Icing

Lunch

Popcorn Chicken Snowbowl w/Roll
Beef Ravioli w/Meatsauce
Large Chef Salad
Spicy Buffalo Chicken Pizza
Spiced Green Beans

15

Breakfast

Scrambled Eggs w/ Toast

Lunch

Teriyaki BBQ Beef Dipper Sliders
Crispy Orange Chicken
Garden Vegetable Lasagna
Crumbled Sausage Pizza
Peppered Broccoli

18

Breakfast

Belgian Waffle Stix

Lunch

Traditional Cheese Quesadilla
Chicken Tenders w/Roll
Creamy Pasta Primavera
Beefy Taco Pizza
California Blend Veggies

19

Breakfast

Yogurt Parfait

Lunch

Cheesy Turkey Melt
Cheese Enchiladas w/Rice
Beef Stroganoff w/Roll
Hawaiian Pizza
Seasoned Refried Beans

20

Breakfast

Banana Muffin

Lunch

Crispy Chicken Corn Dog
Supreme Nachos
Savory Meatball Sub
Cheese Pizza
Seasoned Potato Wedges

21

Breakfast

Whole Wheat Bagel

Lunch

Baked Veggie Rotini w/Roll
Pepper Steak w/Green Peppers, Roll & Rice
Mediterranean Chicken Salad
Loaded Meatlovers Pizza
Seasoned Peas & Carrots

22

Breakfast

Egg & Sausage Tacos

Lunch

Teriyaki Chicken w/Rice
Chicken Alfredo Pasta
Beef & Bean Burrito
Spicy Chicken Pizza
Peppered Corn

25

Breakfast

Whole Grain Biscuits & Gravy

Lunch

Green Chili Quesadilla
Bread Chicken Fingers w/Roll
Cobb Chicken Salad
Mozzarella & Cheddar Pizza
Peppered Broccoli

26

Breakfast

Golden Chocolate Chip Muffin

Lunch

Grilled Cheese Sandwich w/Tomato Soup
Sweet & Sour Chicken w/Rice
Chicken Caesar Salad
Smokin' BBQ Chicken Pizza
Crispy Tater Tots

27

Breakfast

Egg & Cheese Tacos

Lunch

Beefy Mac w/ Roll
Bean & Cheese Tostadas
Chili & Cheese Baked Potato
Fresh Veggie Pizza
California Blend Vegetables

28

Breakfast

Egg & Cheese Bagel Sandwich

Lunch

Green Chili Chicken Enchiladas
Crispy Sweet & Sour Chicken
Southwest Chicken Salad
Spicy Buffalo Chicken Pizza
Seasoned Refried Beans

29

Breakfast

Cinnamon Roll w/ Icing

Lunch

Tangy BBQ Chicken Sandwich
Fajita Chicken Fried Rice
Creamy Mac & Cheese
Crumbled Sausage Pizza
Italian Mixed Veggies

Breakfast Meal Price: Paid \$1.90 / Reduced \$0.30 Lunch Meal Price: Paid \$3.00 / Reduced \$0.40 Adult Meal Price: \$4.00